

PRAYER

What an incredible privilege it is to pray! E.M.Bounds says '*prayer is the slender nerve that moves the hand of God!*'

- When we pray, we are able to connect in relationship to the Almighty.
- When we pray, we are able to influence heaven on behalf of earth.
- When we pray, we are actually enforcing and releasing the promises of God and the victory of the cross of Jesus Christ on behalf of those we love.

Prayer is one of the most potentially life altering skills that any person can develop. And yet, few of us feel like we are really doing an effective job at prayer.

So much depends on our ability to pray: Our future, our family, our community, the eternal destinies of those we love, our own personal level of satisfaction and victory.

This booklet is devoted to assisting you in your prayer life. Each day represents a fresh pattern of prayer that you can use to ensure that your prayers are Biblical, balanced, and effective. Each pattern uses God's Word as its basis. And we know that when we pray God's Word, we are praying according to His Will.

May God bless your prayer life as you pray through these patterns of prayer.

Pastor Jeff

Day 1: Praying The Lord's Prayer

Read your Bible passage for the day.

(Select a Bible Reading Plan, or purchase and read the daily portions of the One-Year Bible.)

Praise: *Our Father who art in heaven, hallowed be Your name...*

- Declare who God is (Father, Creator, Savior...)
- Declare His power (He rules from heaven...)
- Praise His name (His character... what He is like...)

Agreement: *Your Kingdom come, Your Will be done on earth as it is in heaven...*

- May Your Kingdom come in me (may You rule over me in my thoughts, words, choices).
- May Your Will be done in me (in my life, in my family, in my work, in my trials, in all areas of my life).
- May Your Kingdom come and Your Will be done in my small group, my church, community, and in this nation.
- May all of the good things that are stored up in Your Will, all Your promises (which You have already said 'yes' to in Christ), be released in my life. (2 Corinthians 1:19-20)

Requests: *Give us this day our daily bread...*

- Thank God for the way that He has provided for your needs thus far. (Philippians 4:19)
- Ask God for what you need today. Be specific.
- Ask God for the needs of others that are close to you. Be specific. (You may want to find a place to write down your specific requests and record the way God answers.)

Confession: *Forgive us our debts as we forgive our debtors...*

- Confess any sin and ask God to forgive you through the blood of Jesus Christ.
- Thank God for His forgiveness: I declare that if I confess my sins, *“He is faithful and just to forgive my sins and cleanse me from all unrighteousness”*. (1 John 1:9)
- Choose to forgive anyone who has offended you: I choose to forgive _____ and I release them from their offense toward me.

Declaration: *And lead us not into temptation but deliver us from evil...*

- I declare that Jesus Christ has defeated the devil on my behalf. I am an overcomer through Christ!
- I pray a hedge of protection around me, my family, and all those under my care.
- Meditate on where you may be vulnerable to temptation today and ask God for His strength to overcome. Decide to flee from sin and stand and fight against the devil.
- Holy Spirit, fill my life and give me the power and the satisfaction in God to say no to sin and yes to God.

Praise: *For Thine is the kingdom, and the power, and the glory, forever, Amen.*

- Yours is the Kingdom—You rule over all.
- Yours is the Power—nothing is too hard for You.
- Yours is the Glory—May my life exalt You today. Amen.

Day 2: Praying Psalm 103

Read your Bible passage.

Praise: *Praise the Lord, O my soul; all my inmost being, praise His holy name.* (v 1) (Begin with song.)

Thanksgiving: *...forget not all His benefits.* (v 2-5)

- Thank God for forgiveness, for health, for His redeeming work in your life.
- Reflect on the good things that He is satisfying you with currently.

Prayer Focus: (v 6-7)

- God may You work righteousness and justice for the oppressed (pray for some people group or individual who needs God's deliverance).
- May You reveal to me Your ways like You revealed them to Moses. I want to know who You are.
- May You reveal to Your people Your great deeds. Pray for miracles in your life, your family, your church.

Confession: Do a spiritual inventory of your life and repent of that which grieves God's heart (words, thoughts, attitudes, actions, motives).

Declare God's Love + Grace: Thank you God that...(v 8-13)

- *You are compassionate and gracious, slow to anger and abounding in love.*
- *You do not always accuse nor do You harbor Your anger forever. You do not treat me as my sins deserve, nor repay me according to my iniquities.*
- *As high as the heavens are above the earth, so great is Your love for me because I fear You.*
- *As far as the east is from the west, so far have You removed my transgressions from me.*
- *As an earthly father has compassion on his children, so You have compassion on my life.*

Consider Life In View Of Eternity: (v 14-16)

- What am I doing today that will count forever?
- How am I investing my time, talent, and treasure in the Kingdom?

Prayer Focus: *From everlasting to everlasting the Lord's love is with those who fear Him.* (v 17-18)

- Pray for those who need to experience the saving love of Jesus.
- *...and His righteousness to their children's children.* Pray for your children and for future generations that they might be saved and experience the full benefits of covenant relationship with the Almighty.
- *...with those who keep His covenant and remember to obey His precepts.* Pray for your leaders, your pastors, and any government officials that they would learn to obey God's precepts.

Praying God's Rule: *The Lord has established His throne in the heaven and His kingdom rules over all.* (v 19)

- May Your kingdom come in me and Your will be done in my life as it is in heaven. I surrender to You.
- May You rule over my home, family, and all that is under my care.
- May You rule over my church and small group.
- May You rule over my community, workplace, and neighborhood.
- May You rule in this nation. May the glory of the Lord cover the earth as the waters cover the sea.

Praise: End with a song and some declarations. (v 20-22)

- *Praise the Lord, you His angels, you mighty ones who do His bidding, who obey His word.*
- *Praise the Lord all His heavenly hosts, you His servants who do His will.*
- *Praise the Lord, all His works, everywhere in His dominion.*
- *Praise the Lord, O my soul.*

Day 3: Praying the Jabez Prayer

Read your Bible passage.

Praise:

- Declare God as the One who spoke the world into being. Declare the power of His Voice.
- Read aloud Psalm 8 and 29.
- Declare God's Power-Nothing is impossible for God and nothing is hard for God.
- Declare God as the Author and Perfector of your life. (Hebrews 12:1-3)
- Declare Philippians 1:6.

Request #1: *O that you would bless me...*

- May the same God who spoke the worlds into existence, speak His favor over my life. Breath of God breathe on me.
- May You bless (speak favor over) my family.
- May You breathe Your favor on our health, our home, and our finances. Make us so blessed that we overflow and become a blessing to others.

Request #2: *Enlarge my territory...*

- God, just as the people of Israel had an inheritance (of land) in the promised land, so I have an inheritance in your Kingdom. Lord, help me to know the hope of my calling, the riches of my inheritance (as your child), and the surpassing great power for me as I believe. (Ephesians 1:18)
- Enlarge my vision to see what You have in mind for my life. Enlarge my heart of compassion for people.
- Enlarge my territory and make me a great influence to expand Your Kingdom.

(Pray this for loved ones, your church, small group, Pastor... "Lord may you enlarge their...")

Request #3: *Let Your hand be with me...*

- Establish me in every way, my life, my work, my relationships, and my ministry. Establish the work of my hands.
- Let Your hand of healing be on my life and on those that need Your touch today.
- Let Your hand of provision be released in my life and in those that need Your breakthrough today.
- Let Your hand be upon (name specific people).

Request #4: *Deliver me from evil...*

- Rebuke the devil on my behalf and on behalf of all those under my care and authority.
- Free me from any sinful habit, hurtful words, un-Christ-like attitude. I repent and ask for Your forgiveness and for Your freedom in my life.
- Lord, send Your angels before me to defeat any spiritual attack and to establish Your Will for my life.

Request #5: *Free me from all pain...*

- Lord, just as Jabez did not accept his old identity (his mom had named him 'pain'...Jabez means pain), so I throw off the identity of my past and declare that I am a new creation in Christ Jesus, the old has gone and the new has come. (2 Corinthians 5:16-17)
- I declare that I am now a child of God, His workmanship created in Christ Jesus for good works which He has prepared in advance for me to do. (Ephesians 2:10)
- I also choose to forsake any pain-causing ways (see list in Colossians 3:5-10). I die to my old ways and choose to put on Christ as my new way of life. (Colossians 3:1-4)
- God has given me a destiny of blessing and not of pain. I declare in my life the blessing of Abraham-those that bless me will be blessed, and those who curse me will be cursed...and may all the peoples on earth be blessed through my life. (Genesis 12:1-3)

Praise: Declare God as your Source of life!

Day 4: Praying The 23rd Psalm

Read your Bible passage.


Praise: *The Lord is my Shepherd...*

- I thank You, Lord, for Your attentive care toward me: for protecting me from predators; for directing me toward provision; for keeping me from all harm.
- Lord, You are the Good Shepherd, because You loved me enough to lay down Your life for Your sheep. Thank You for sacrificing Yourself for my redemption.
- Thank You that You are committed to my well being and to my destiny.

Thanksgiving: *I shall not want...* (Thank God for all the many ways He has provided for your life.)

Requests:

- Lord, make me to lie down in green pastures and lead me beside still waters... (I need You to) restore and replenish my soul.
- God, You are a God able to restore what has been destroyed by sin and by Satan. May You do a work of restoration in...(name specific areas of your life, your family, or in the lives of those you love).
- Lord, may You guide me today in the paths of righteousness. I ask You to forgive me for wandering from that path in the past. (Repent of specific sins and ask for His cleansing and forgiveness). I choose to live 'for Your name's sake' (for Your pleasure and Your glory).
- *Even though I walk through the valley of the shadow of death, I will fear no evil for You are with me, Your rod and Your staff they comfort me.* Lord, I declare that my trust is in You. I refuse to walk in fear. I choose rather to declare that You will lead me through!

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- I give You permission to discipline me (Your rod and staff) and direct my life how You would like to lead it. Ask God to reveal His direction to you and to convict your heart of any word, attitude, or decision that is not pleasing to Him.
 - Lord, *You prepare a table before me in the presence of my enemies.* May You put a hedge of protection around my life, my family, my small group, my church, and all those under my care. And may You provide Your abundant provision for us today. I declare Your favor in my life. Rebuke the devil on our behalf.
 - *You have anointed my head with oil, my cup overflows.* Lord, just as a shepherd used oil to ward off flies and pests, may You keep my life and those under my care free from the unnecessary harassments of the enemy.

Pray Psalm 23:1-5 (in a way similar to what is listed above) for the following:

- * Pastors/Spiritual Leaders
 - * Missionaries
 - * Your employer; Governmental Leaders
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- *Surely goodness and mercy will follow me all the days of my life and I will dwell in the house of the Lord forever.*
 - * Thank God for His commitment to you.
 - * Thank Him for the promise of eternal life.
 - * Praise God for He is good and His mercies are new every morning. Recognize who He is!
 - * Pray for those in your life that need to come to a decision to give their lives to Christ (that they may live in the house of the Lord forever).

Day 5: Praying the Names of God (Part 1)

Read your Bible passage.

Declarations of Praise and Prayer:

You are *Jehovah-Shammah* (the Lord Who is always present with me).

- Thank You for Your presence. I invite You into my life.
- May my family be flooded today with an awareness of Your presence.

You are *Jehovah-Jireh* (the Lord Who is my provision and meets all my needs).

- Thank You for all the many ways that You have provided for me. (Thanksgiving time.)
- Pray for specific needs that you have today. Ask God to be your *Jehovah-Jireh*.

You are *Jehovah-Rapha* (the Lord Who is my healer).

- Thank You God for my health.
- Pray for people that need healing.

You are *Jehovah-Shalom* (the Lord Who is my peace - Who makes my life complete).

- Thank You for Your promised desire to make my life overflow with Your abundance. (John 10:10)
- Declare: I trust You today with all of my life and I receive your peace.
- Declare '*shalom*' (completeness) for yourself, your family, your sphere of influence.

You are *Jehovah-Tsidekenu* (the Lord Who is my righteousness).

- God, I thank You for the finished work of Christ on the cross and that You have completely forgiven my sin.
- Declare: I receive Your forgiveness and I forgive myself and walk in Your righteousness.

You are *Jehovah-Rohi* (the Lord my Shepherd) and my *Jehovah-Tsuri* (the Lord my Rock).

- Declare: Today, I rest in Your care and I find security and strength in Your presence.
- Read aloud a Psalm of security. (Options: Psalms 23; 46; 91; 62; Isaiah 40)

You are *Jehovah-Nissi* (the Lord Who fights for me; my Warrior, Who brings victory when I lift up the banner of His name).

- Declare: God, You have given me victory over every spiritual attack. I pray Your hedge of protection around me and my family today.
- Ask God for victory in specific battles you are facing today, and to fight on your behalf.
- As Moses did when the Israelites were fighting the Amalekites—lift your hands to the Lord and declare that you trust Him today.

You are *Jesus!* As Isaiah declares (Isaiah 9:6-7), *You are Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace. You are coming back and will reign on the throne of David...* I declare Your ultimate authority over this universe... *and of the increase of Your rulership and power there will be no end.* I declare You as my Savior and the Master of my life!

Day 6: Praying the “ACTS” Prayer

Read your Bible passage.

A-doration (choose a praise/worship option)

- Use a CD and worship through song.
- Select a Psalm and read it aloud to God.
- Declare who God is to you:
 - * Creator
 - * Sustainer
 - * Savior
 - * Redeemer
 - * Lover
 - * Healer
 - * Friend
 - * Lord/Master

(Example: I thank You God that You are the sustainer of my life. It is by Your grace that I exist, I breathe, I have the capacity to live and overcome. I declare Your sustaining power in my life.)

C-onfession

- Ask the Holy Spirit to reveal any hidden sin to you. (Psalm 139:23-24)
- Have you spoken **any words** that were hurtful, critical, doubtful, or ungrateful? Ask forgiveness for these idle words and determine to make them right.
- Have you harbored impure, anxious, or harsh **thoughts**? Ask forgiveness for them, renounce them, and take them captive in His name.

- Have you had ***selfish motives***? Surrender them to God and make it your primary goal to please Him.
- Have you had a ***poor attitude***? Confess it as sin and choose to have the attitude of Christ.
- Have you ***acted in disobedience*** or rebellion against God? Confess it as sin and choose obedience.
- Thank God for His complete forgiveness and for a fresh start today!

T-hanksgiving

- Make a list of the earthly benefits that God has provided for you.
- Make a list of all the spiritual blessings that you have in Christ. Thank Him for all He has done for you.
- Ask for God's help in developing a grateful heart.

S-upplication (to make requests)

- Ask God for the things you need today. Be specific.
- Ask God for the things you want today. Be specific.
- Ask God for the specific things that are needed in the lives of those around you (options listed below):
 - * Family
 - * Friends who need Christ
 - * Pastors/Church needs
 - * Small Group needs
 - * National needs
 - * Missions needs
 - * Workplace needs

Day 7: A Day of Praise

Read your Bible passage. (Memorize a Bible promise that is meaningful to your life today.)

Praise: (do one of the following)

- Read aloud 3 or 4 Psalms to God.
- Confess aloud the qualities of God that you are thankful for (Holy; All-Powerful; All -Knowing; Loving; Merciful; Everywhere Present; Eternal; Just; Fatherly; Unchanging; Consistent; Dependable).

Worship: Use a worship CD and take some time to worship to several songs (lift your hands or get on your knees--make some physical expression of worship).

Meditation: Take a Bible passage that you have recently read and think on it. Ask the Holy Spirit to reveal to you something from His Word today.

Concluding Declarations: I declare that...

- Today I am not just going to survive, I am going to overcome and conquer. (Romans 8:31-39)
- God has forgiven my sin and He accepts me completely through Christ. (1 John 1:9)
- Satisfaction is not found in self-seeking behavior, but is found in the presence of God and in the pursuit of righteous relationships.
- I am the temple of the Holy Spirit and God wants to do miracles in my life today. (1 Corinthians 6:19-20)
- No weapon formed against me can prevail. Today will be a day of victory. I will refute every attack against me and will walk in my full inheritance as a servant of the Lord. (Isaiah 54:17)
- I can do all things through Christ who gives me strength. (Philippians 4:13)

Pray Daily To Tear Down City-Wide Strongholds

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God and we take captive every thought to make it obedient to Christ.
2 Corinthians 10:3-5

I tear down the stronghold of **SPIRITUAL BLINDNESS**. Lift the veil that covers the eyes of people in this community and this city. Remove the blinders of guilt, shame, fear, and works-based religion. Shine the light of the glory of Jesus Christ that people would experience the grace that saves and the truth that sets them free. Lift the veil that covers the eyes of believers as well, and help them see the clear path of spiritual growth and blessing that is before them. Lift the blinders off unbelievers and cause there to be a tremendous harvest of souls in every gospel preaching church in the area. Draw people from the north, the south, the east, and the west. Bring them to the saving knowledge of Jesus Christ.

I tear down the stronghold of **UNBELIEF**. Break the spirit of poverty that hangs in the atmosphere over our city. Reveal the truth that You have plans for us, to prosper us and not to harm us, to give us as individuals, our families, and our region, a future and a hope. Burn into us Your promises. Give our city a fresh vision of the future and the courage to shake off the defeat of the past and reach toward the potential of the future. Bless us. Enlarge our territory in business, in finances, in spiritual life, in the church, and in our vision for future generations. Let Your hand be upon us. Deliver this city from evil and free us from the identity of past pain. We will not be limited by the failures, the challenges, or the defeated mentality of the past. We will rise to be all that God has for us.

I tear down the stronghold of **DEPRESSION**. The joy of the Lord will be our strength. I shake off the spirit of heaviness and put on the garment of praise. I shake off the atmosphere of depression that hovers over this region. I declare a breakthrough in the heavenly realms. My life will be marked with praise and with joy. My home will be marked by an atmosphere of life and of hope. My neighborhood will have an open heaven over it and a tangible sense of God's presence in it. My church will be a place of celebration, favor and life. This city will be filled with the glory of the Lord as the waters cover the sea.

Day 8: Praying The Prayers of Paul

Read your Bible passage.

Praise:

- Begin your worship time with a song (optional: use a worship CD).
- Declare what God has done:
 - * Jesus, You have paid for my sin!
 - * You have conquered all disease, death, and the devil himself.
 - * You rose from the grave on the third day. You ascended into heaven.
 - * Today, You reign in the heavenly realms and everything is placed under Your feet.
 - * You are committed to me and to my success. If You are for me, who can be against me!
 - * I declare You as the Lord of my life!

Preparation: Read Ephesians 6:11-19 and put on the armor of God.

- I put on the **Helmet of Salvation** and ask You to guard my mind with Your truth.
- I put on the **Breastplate of Righteousness** and thank You that I am forgiven through Christ. I ask You to purify my affections and appetites and make me long for right things.
- I put on the **Belt of Truth** and thank You for a clear conscience (where there is sin confess it and ask His forgiveness).
- I have on my feet the **Shoes of Readiness** and make myself available to go where You want and do what You prompt.
- I take up the **Shield of Faith** to reject every lie and temptation of the devil.

- I raise up the **Sword of the Spirit**, the Word of God, and I recognize Your Word as the basis for what I believe and what will come out of my mouth today.
- I invite the Holy Spirit to come into my life and fill me with His presence that I might bear much fruit.

Requests:

- Pray a selection of Biblical prayers for you or for your loved ones:
 - Ephesians 3:16-21
 - Philippians 1:9-11
 - Colossians 1:9-14
 - 1 Thessalonians 3:12-13
 - 2 Thessalonians 2:16-17

Example: I pray for (name) that...(Ephesians 3:16) out of Your glorious riches You would strengthen (name) with power through Your spirit in their inner being. And I pray that Christ may dwell in (name's) heart through faith. And I pray that (name) being rooted and grounded in love may have power to grasp how high, wide, deep, and long is the love of God in their life.

- Pray for Pastors/Missionaries (name them) the following verses:
 - * Ephesians 1:17-21
 - * 2 Thessalonians 3:1-5; 16

Praise: Read aloud Romans 11:33-36

Oh, the depth of the riches of the wisdom and knowledge of God! How unsearchable His judgments, and His paths beyond tracing out! "Who has known the mind of the Lord? Or who has been His counselor?"

"Who has ever given to God, that God should repay him?" For from Him and through Him and to Him are all things. To Him be the glory forever! Amen.

Day 9: Praying Psalm 51

Read your Bible passage.

Praise: *Have mercy on me O God...* (v 1)

- According to Your unfailing love! I praise You because You are a God who chooses to love me no matter what. You love me by choice and not because of my performance (good or bad).
- According to Your great compassion! God I praise You because You are passionate about me. You care deeply about my well-being.
- You are Almighty, Holy, and Just! And yet You are Mercy, and Love, and Compassion.

Confession: *Blot out my transgressions. Wash away all my iniquities. Cleanse me from my sins.* (v 1-2)

- Transgression (willful disobedience to God's law) – repent of any willful sin in your life. Be specific.
- Iniquity (going my own way, doing my own thing) – repent of a self-centered heart. Surrender to God's leadership in every area of your life.
- Sin – Confess to God any attitudes, words, or actions that need to be put under the blood of Jesus.

Thanksgiving: *For I know my transgressions and my sin is always before me...* (yet You have forgiven me time and again). (v 3-6)

- *Against You, You only have I sinned and done what is evil in Your sight...* (yet You continue to pursue me).
- *So that You are proved right when You speak and justified when You judge...* (and I thank You that You are pure, holy, without evil intent, a God of integrity).
- *Surely I was sinful at birth, sinful from the time my mother conceived me...* (yet You died for me anyway. I am so unworthy, but You gave Your all to save me).
- *Surely You desire truth in the inner parts, You teach me wisdom in the inmost place...* (and I thank You that You are committed to repairing/sanctifying my soul).



Declaration Of Forgiveness:

- *Cleanse me with hyssop* (a plant which speaks of faith) *and I will be clean.* I realize I cannot earn forgiveness but I receive it by faith in Jesus. (v 7)
- *Wash me and I will be whiter than snow.* And I choose to declare myself as clean by the blood of Jesus. No guilt or stain remains on me. (v 7)
- *Hide your face from my sins and blot out my iniquity.* I choose to do the same. I forgive myself and choose to move on with my life. (v 9)

Request For Restoration:

- *Create in me a pure heart O God.* Give me the right desires. Cause me to want the right things. (v 10)
- *Renew a steadfast spirit within me.* (v 10)
- *Do not cast me from your presence or take your Holy Spirit from me.* Fill my life O God. I need you. (v 11)
- *Restore to me the joy of Your salvation.* I choose joy today and not dread. I will live in anticipation of your goodness. (v 12)
- *Grant me a willing spirit to sustain me.* (v 12)

Prayer Focus: *Then I will teach transgressors your ways and sinners will turn back to you.* (v 13)

- Pray for salvation for those who need Christ.
- Pray for those who have fallen away to return.
- Pray for your family that God would draw them to Himself.

Praise: Read Psalm 51:14-19.

- Thank You Jesus that your sacrifice on the cross is enough. Your blood shed for me saves me.
- Thank You that You do not want sacrifice from me. I cannot earn Your love. You just want my contrite heart.

Day 10: Praying Acts 2

Read your Bible passage. Also read Acts 2.

Praise:

- I declare Jesus Christ as (Acts 2:22) 'a man accredited by God by miracles, wonders and signs'. I worship Jesus as the Son of God.
- Thank you Jesus for being willing to go to the cross and give up Your life for my redemption.
- I also declare Jesus Christ as risen from the dead. He has conquered death, disease, the devil, and despair.

Thanksgiving:

- Jesus, I thank You that You did not leave Your followers alone when You ascended into heaven. But You gave us the gift of the Holy Spirit. I thank You that this promise of a helper/counselor is for me. (Acts 2:38-39)
- God, I thank You for the promise that in the last days You will pour out Your Spirit on all flesh. I thank You that You can do miracles in my life through the person of the Holy Spirit today.
- Thank God for specific miracles and answers to prayer that you have experienced in the past.

Confession:

- Just as the 120 in the Upper Room prepared themselves for a greater outpouring of the Holy Spirit, so I ask You to reveal anything that might hinder Your work in my life. I turn from these and ask Your cleansing in my life.
 - * Disunity among brothers (bitterness; gossip)
 - * Self-gratification; sexual sin; lust
 - * Grumbling; doubt; ingratitude
 - * Hurt that I have caused and not made restitution for
- Lord, You promised that if I repented and turned to You, that times of refreshing would come. May it be.



Requests:

- **Outpouring:** Just as You poured out Your Spirit in Acts 2, may You pour out Your Spirit on my life, on my home, and on my church.
- **Ingathering:** As a result, may there be a great harvest of souls. Pray for specific people who need Jesus Christ as their Savior.
- **Miracles:** May You also do signs and wonders today for those who have needs. Pray for those who need a healing or miracle of some type. Be specific.
- **Life:** Just as the early church in Jerusalem was living in community and enjoying an abundance of personal growth, may You fill my life with strong spiritual relationships, provide a greater revelation of Your Word, and increase my capacity in prayer. Bless my small group and my church with a fresh touch from heaven.
- **Relief:** One of the signs of the early church was generosity and care for the poor and hurting. Lord, reveal to me THE ONE that You might want me to help today. Pray for provision for those you know are in need.
- **Vision:** One of the promises of outpouring is visions and dreams for the future. May You open my eyes to the fullness of my destiny. May You fulfill the destiny of my family and open their eyes with fresh vision. May You surround me and those under my care with Your protective hedge against all attack.
- **Missions:** Just as You did on the day of Pentecost, may the message of Christ extend to the nations of the earth. Pray for specific nations and specific missionaries and their needs.

Day 11: Praying Psalm 46

Read your Bible passage.

Declaration Of Praise: *For God is our refuge and strength an ever present help in time of trouble. (v 1)*

- Thank You God that You are a place of security and safety. You are a fortress, a refuge, a hiding place, a strong tower. When I run into You I am safe.
- You are my strength. You sustain my soul. Your grace is totally sufficient for me.
- You are ever present, especially in times of trouble. You will never leave me and never forsake me.
- You are all powerful, all knowing, always present, unchanging, faithful, and true. You are trustworthy.

Declaration Of Trust: *Therefore I will not fear though the earth give way or the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging. (v 2-3)*

- I choose today to trust God. His care in my life is more stable than anything on earth.
- I choose faith over fear. I refuse to imagine the worst. Instead, I will imagine the wonderful deliverance and future God has in store for me.
- I trust God with (name the problems and challenges) and I place these situations in His hands.

Declaration Of Relationship: *There is a river (the Holy Spirit) whose streams make glad the city of (person belonging to) God, (my heart is) the holy place where the most high dwells. God is within (me), (I) will not fall. God will help (me) at the break of day. (v 4-5)*

- Holy Spirit, I invite you into my day. Speak to me. Lead me. Fill me with Your presence. I depend on You.
- Holy Spirit, draw my loved ones to Jesus. (Pray for those who need Christ by name. Ask the Spirit of God to bring conviction into their lives and to open their eyes to Jesus.)

Prayer For Family: *Nations are in uproar, kingdoms fall. He lifts His voice, the earth melts. The Lord Almighty is with us. The God of Jacob is OUR fortress.* (v 6-7)

- I now pray a hedge of God's protection around my life and all those under my care.
- I pray for God's Almighty power to be released on behalf of (name specific people and pray for specific needs).
- I declare God's covenant promises over my family, my church, and my small group. Just as God was committed to Jacob (Israel), so I know He is now in covenant with me.
- I pray for God's wisdom, grace, and provision to be given to the leaders in this nation. Pray for them by name and for specific things in need.

Declaration Of Victory: *Come and see the works of the Lord, the desolations He has brought on the earth. He makes wars to cease to the ends of the earth; He breaks the bow and shatters the spear and burns the shield with fire. BE STILL AND KNOW THAT I AM GOD!* (v 8-10)

- Thank You Jesus that You have defeated the devil and every enemy against me by Your death, burial and resurrection.
- I declare victory over sickness, sin, and satan.
- I choose to cease striving and rest in the victory You have already provided.
- I say to my soul: BE STILL and DECLARE THAT YOU ARE GOD. You will take care of what concerns me.

Declaration Of Praise: *Be still (cease striving, stop worrying) and know that I am God, I will be exalted among the nations (people in your life), I will be exalted in the earth (the place where you live). The Lord Almighty is with us (me); the God of Jacob is our (my) fortress.* (v 10-11)

Day 12: Praying the 5 Purposes

Read your Bible passage.

Purpose #1: I was planned for God's pleasure. (Worship)

- Declare the following:
 - * Lord, my life is centered on You.
 - * My purpose in life is to please You in everything I am and everything I do.
 - * I choose to put You on the throne of my heart, I will worship You exclusively.
 - * I praise Your name and want to dwell in Your presence.
- Read aloud Psalm 27.
Option: use a Worship CD and sing a song to the Lord.

Purpose #2: I was formed for God's family. (Fellowship)

- Ask God to rule and reign over your natural family. Pray for their specific needs.
- Ask God to rule and reign over your small group and local church family. Pray for the specific needs in your small group and in your church.
- Ask God to bless your pastors with wisdom and revelation and with victory over every spiritual attack. Ask that God would give them and their family health and spiritual prosperity.
- Ask for God to send revival to the church in the USA.

Purpose #3: I was created to become like Christ.

- **Declare:** I thank You God that You can use my difficulties to build my life. I choose joy in the midst of my trial (James 1:2-4) and ask You to use my hardships to make me mature and complete, not lacking anything.

- **Confess:** Do a spiritual inventory of your life right now (words, thoughts, attitudes, motives, choices). Confess and repent of anything that does not align with the character of Christ.
- **Ask:** Lord, would You fill me with the Holy Spirit today. I invite You Holy Spirit to overwhelm me so that You might birth in me Your fruit. (Galatians 5:22-23...love, joy, peace, etc)

Purpose #4: I was shaped for service. (Ministry)

- Lord, open my eyes to the needs of hurting people all around me today. I offer myself as an instrument of ministry to those You want me to serve today.
- God, give me a servant's heart in my home and in my workplace.
- Lord, reveal to me how You want to use me. Help me to see the grace that has been poured into my life (in the areas of pain and struggle--where You have helped me). Help me to share the grace that I have been given with others. (2 Corinthians 1:9)
- Lord, make me aware of what You want me to give in terms of time, talent, or treasure (money) to the needs of the sick, hurting, poor, or lost in the world around me. All that I have is Yours O Lord, use it as You see fit.

Purpose #5: I was made for mission. (Evangelism)

- Pray for loved ones and friends who need Jesus Christ as Savior.
- Pray for the glory of the Lord to fill and overflow your neighborhood and city, as the waters cover the sea, that many people in your region would have their eyes open to the glory and gospel of Jesus Christ.
- Pray for ministries or missionaries. Be specific. Select a missionary family or organization to pray for. Ask for God to bless them with health, provision financially, wisdom, revelation, and with laborers for their ministry. Pray that God would send revival and spiritual breakthrough to the nation/region where they minister.

Day 13: Praying The Person and Work of Christ

Read your Bible passage.

Praise: Recognize the wonderful qualities of Jesus Christ.

- Jesus, I speak to You right now as a person and a friend. I want You to know that I admire who You are and want to be just like You.
- Jesus, thank You that You are positive (not negative), grace-filled, forgiving, compassionate and strong.
- I admire the fact that You are able to believe in me even when I fail, and that You never give up on me.
- Thank You that You delight in me and in what You have made with an infectious joy. Help me share Your joy today.
- Help me to know more of what You are like. Jesus, You are very real, walk beside me today. Prove Yourself to me in supernatural ways. I declare that You still work miracles in the world today. Demonstrate Your power in my life and in my family.

What is the most miraculous thing that God could do in your sphere of influence today? Praise God by asking God for HUGE things today.

Repentance: Jesus, I choose to be like You.

- **Attitude:** Lord, reveal to me where I have not shared Your demeanor. Forgive me for a poor attitude. I choose to have the attitude of Christ. (Philippians 2:5)
- **Words:** Lord, forgive me for speaking words that do not align with Your Word (words of gossip, doubt, insult, pain). Forgive me for when my words sound more like the devil than like Jesus. I choose to speak faith, blessing and life.
- **Habits/Actions:** Lord, I turn from any activity that I would not feel comfortable doing if You were physically present with me. I choose to live in a way that is becoming to You. I welcome You to walk with me through every part of this day.

Enforce The Victory Of The Cross: Read aloud Isaiah 53

- Jesus, You carried our **SICKNESS** when You died on the cross. By Your stripes we are healed. I declare the healing power of the cross over the following people (list those you know need a physical healing, include yourself if you need a touch).
- Jesus, You carried our **SORROWS** when You died on the cross. By Your stripes we are healed. I declare Your healing power for those who are dealing with emotional pain (pray for specific individuals). Release Your peace and provision in their life.
- Jesus, You carried our **SINS** when You died on the cross. By Your stripes we are healed. I declare Your salvation for those who need to be saved (pray for specific people that need salvation).
- I declare Your deliverance over those who are bound in addiction and the habits of sin, and for those who have backslidden that You would draw them back to You.
- I declare that You, Jesus, have defeated the devil and that every enemy is placed under Your feet (disease, death, the devil). You have raised from the grave, conquered death, and are seated at the right hand of the Father. You have declared that I, as a follower of Yours, am seated there with You. You have given me authority to overcome. I declare Your overcoming power and Your hedge of protection around my life and around:
 - * My family
 - * My small group (anyone under my care)
 - * My local church family
 - * My pastor(s)
 - * Others: _____

Praise: Conclude your prayer time by declaring Jesus as the ruler of your life and the ruler over all the universe. Jesus is the King of Kings - His is the kingdom, power, and glory...

Day 14: A Day of Praise

Worship: Spend some time declaring who God is. Consider using a CD or some worship music. Don't rush through.

Sabbath Focus: Read and meditate on the following passages of Scripture...

- Deuteronomy 5:12-15
- Hebrews 4

Declaration: Read aloud Psalm 62. Make it a personal declaration for this day.

Rest (practice Sabbath): In what way will you cease from your normal work?

Replenishment: What can you do today that will truly replenish your body and soul?

Re-calibrate: Take some time to get your life re-focused.

- How are your daily habits?
- Where is there compromise?
- What do you need to repent from and adjust?
- What lie are you believing that God's Word refutes?
- Who do you need to forgive?
- To whom do you need to apologize?

Remember: Count your blessings.

- Make a list of the many ways that God has blessed you.
- Consider what it means that Jesus died for you, that you are now saved from your sin, and that you have relationship with the Almighty forever.

Praise: Close your time with God by again declaring His character and His goodness to you.

Powerful Declaration Prayers

- God is going to lead us into a major season of spiritual breakthrough. We will experience miracles of healing, salvation, restoration, and deliverance. Lives, marriages, and families will be touched for Christ.
- May Your Kingdom (all of heaven's resources) come and Your Will (the fullness of Your promise and purpose) be done in my life, my family, my church, and this region, in Jesus Name. May heaven be released on our behalf.
- We declare that **SUDDENLY** the power of God will be released, people will be healed, miracles will occur as signs that point to Jesus, and that many of our family and friends will be saved. We declare this in the name of Jesus Christ!
- Lord, we declare that You will be publicly endorsed in our city, in my community, and among our family and friends by doing wonderful miracles, and signs.
- Lord, we declare that You will fulfill Acts 2:17-18 in our lives. Pour out Your Spirit on us. Cause us to dream God-sized dreams and be filled with Spirit-inspired vision.
- **I am not alone:** God will carry me all the way through until the end.
- **I have great authority:** God sends me into life with His complete backing and total support.
- I am not defined by my past, my present, or my natural limitations: **God defines me as a mighty warrior! And I agree with Him!**

Day 15: Praying The Fruits Of The Spirit

Read your Bible passage.

Focus 1: Lord, birth 'goodness' in me today.

- Begin by praising God for His goodness. How is He good in His nature? How has He been good to you?
- Read aloud Psalm 25.
- Pray Romans 8:28-29-Lord, You promised that You would work everything together for my good. Use the difficulties of my life to make me like You.

Focus 2: Lord, birth 'faithfulness' in me today.

- Read aloud John 15:1-9 and Galatians 5:22-23.
- Today, I choose to connect into the 'vine' of Jesus Christ and I ask that the life of God would flow in me, produce much fruit, and that I might glorify God.
- Forgive me for any areas of disobedience and unfaithfulness (confess specific sins).
- Reveal anything to me, O Lord, that might hinder my connectedness to You. Fill me with Your Spirit.

Focus 3: Lord, birth 'love' in my life today.

- Pray Ephesians 3:14-21 for you and for your family.
- Pray Philippians 1:9-11 for pastors/leaders, for your small group, for your local church.
- Lord, I thank You that You love me unconditionally and that You accept me because of Christ. There is nothing that I can do to increase it, there is nothing that I can do to diminish it. (See Romans 8:31-39)

Focus 4: Lord, birth infectious 'joy' in my life today.

- I choose joy, even in trial, because You are using these things to make me mature/complete, lacking nothing.
- I declare that the joy of the Lord is my strength (my fortress and protective hedge) Nehemiah 8:10. May the joy of the Lord be a hedge for all those under my care.

Focus 5: Lord, birth 'peace' in my life today.

- I trust You Lord with the following situations that cause me stress/anxiety (list). I declare that You are good and will do what is best for me. May the peace of God which is beyond understanding guard my heart and mind in Christ Jesus. (Philippians 4:6-7)
- Pray God's peace on those you know are struggling.

Focus 6: Lord, birth 'patience' in my life today.

- Read Psalm 40 aloud.
- I choose to yield to You Lord. As Jesus prayed, 'not my will but Yours be done'.

Focus 7: Lord, birth 'kindness' in my life today.

- Forgive me Lord, for any words, attitudes, or actions that have been unkind. Help me make things right and make restitution for what I have done.
- Lord, open my eyes to THE ONE that You want me to love and serve who is hurting or in need today.

Focus 8: Lord, birth 'self-control' in my life today.

- I declare that You are able to set me free from the habits of the past. I renounce and put to death the old ways and choose to live for God.
- I choose to live to please God today. As I obey the moment by moment promptings of the Spirit, I will not just survive-I will overcome.

Focus 9: Lord, birth 'meekness/gentleness' in my life.

- I declare Your promise that as I yield my rights to You, You will move heaven and earth on my behalf. (Matthew 5:8)
- I yield control to You over all my life. Ask God for the specific ways that you need Him to provide today.
- Read aloud Psalm 37.
- I declare Your ability and power in my life. As I delight myself in You...grant me the desires of Your heart.

Day 16: Praying Romans 8

Read your Bible Passage.

Praise: Thank God for His Promises to you in Romans 8.

- (v 1-2) Thank You that there is now no condemnation for me because I am in Christ Jesus! And that the law of the Spirit of life has set me free from the law of sin and death.
- (v 15-16) Thank You for adopting me into Your family and making me Your child. Thank You that I can relate to You as my Father (Abba--Daddy God).
- (v 17) Thank You that not only have You made me your child, but You have made me an heir of the Kingdom (a co-heir with Christ). All of the resources of the Kingdom are available to me through Christ. The riches of heaven have been willed to me.
- I now pray from that position. I am an heir with Christ. I have authority in the Kingdom. I am not a beggar, I am a member of God's royal family. I am a rightful owner of God's promises. I outrank the demons of hell and they must listen to my commands. I humbly receive my rights as a child of God.

Confession:

- (v 3-4) I confess that I cannot become righteous through determination to keep the rules. It is only Your Spirit living in me that gives me the hope of a holy life.
- (v 5-8) Forgive me for the times in this past week, when I chose to do what my sinful nature desired. Reveal to me where my sinful nature is directing or dominating my life.
- (v 9-11) Holy Spirit, I desire close fellowship with You today. Help me to be aware of Your promptings and to rely on You to birth obedience in me. I choose to obey You and to seek to please the Spirit today.
- (v 12-15) I choose to put to death the misdeeds of my body, my mind, my lips, and my attitudes. I choose to live up to who I am in Christ (a child of God).

Prayer For Redemption: Read Romans 8:18-27

- Lord, I recognize that the emptiness inside me, the longings within me are really longings for You, for heaven. Satisfy me with Your presence today.
- God, I pray for my loved ones (name them). They also are longing for satisfaction and running after it in so many ways. Help them to see that what they really long for is You. Draw them to Yourself today.
- God, the earth itself is convulsing under the curse of sin and the domination of the devil and evil power. May You redeem this world. May Your Kingdom come today in my family, in my church, in my neighborhood, in my city, in my workplace, and in this nation.
- Holy Spirit I recognize that You groan within me to see situations in my life, and people around me redeemed. I release You to pray through me today. Use me to release Your purpose and promises in the world today.

Declarations of Triumph:

- (v 28-29) Thank You for working on my behalf in all things and using even my trials and painful moments for Your purpose. Thank You for Your commitment to my character to make me like Christ. I surrender my life situations to You today and trust You to work them for my benefit. I trust You in all things today.
- (v 37) I declare that I am more than a conqueror today. I will not just survive my life today, I will overcome and conquer.
- Pray for people in your life. Ask God to make them more than conquerors in what they are facing today. Pray specifically.
- Pray for pastors and missionaries today (by name). Ask God to make them to be more than conquerors in what they are facing today.

Declarations of Praise:

- (v 31-32) Thank You that You are for me and not against me and that You are willing to give me ALL things--whatever I need.
- (v 35-39) Thank You that You will never stop loving me (read the verses aloud).
- Lord, may the people under my care recognize these truths today. May they feel the unconditional unfailing love of God in their lives today. In Jesus Name, Amen!

Day 17: Praying Breakthrough Prayers (Part 1)

Read your Bible passage.

Worship: Declare Jesus Christ as the one who has defeated the devil and overcame death through the following:

- Colossians 1:15-20
- Hebrews 1:1-4
- Lord, I declare You as my Lord and as the ruler of the universe and of my life. I worship Jesus and none other.

Breakthrough #1: Overcoming Pride

- Lord, Your Word says that You oppose the proud but give grace to the humble (James 4:6). So I humble myself and declare my dependence on You in every way.
- Lord, You promised that if I humble myself before You... that in due season You will lift me up. I appeal to You for that due season.

Breakthrough #2: Overcoming Demonic Attack

- Lord, Your Word says that I overcome the devil by the blood of the Lamb (what You have already done on the cross) and by the word of my testimony (my confession of faith in You).
(Revelation 12:11)
- I renounce any curses or connections with the enemy from the past and I ask the Lord Jesus to take back any ground in my soul where I may have given the devil a foothold.
(Ephesians 4:26-27)
- I, therefore, declare victory over every spiritual attack against my life, my family, and those under my care.
- I declare victory over every attack for my small group, my pastor, and my church family.
- I declare that Jesus' blood was shed for my loved ones who have not yet experienced salvation (list their names) and I claim their soul(s) for Christ.



Breakthrough #3: Overcoming Bitterness

- Lord, I thank You for forgiving my sin completely. You have been so good and merciful to me.
- Because You have forgiven me so much, I choose to forgive (list an offender) and release them from their offense toward me.
- I also choose to forgive myself for (list areas of guilt you may carry) and I release myself to experience the fullness of Your grace.
- I choose to trust You completely and I release You to do whatever You feel is best in my life.

Breakthrough Requests:

- Pray for areas of financial breakthrough needed in your life and/or business.
- Pray for breakthrough miracles of healing or provision in your life and in people's lives.
- Pray for breakthrough miracles in the lives and relationships of those in your family.
- Pray for breakthrough for your local church and the needs of which you are aware.
- Pray for breakthrough for missionaries and for missions needs of which you are aware.

Breakthrough Praise: Read 2 Chronicles 20

- Lord, just as praise was a weapon in the days of Jehoshaphat, so I believe that as I worship You today, You will send Your angelic host ahead of me to bring victory in every area of my life.
- I trust that You will make the valley of my trial to be transformed into the valley of praise. (2 Chronicles 20:26)
- I declare victory so great in my life that You will take what the devil meant for evil and turn it around for my good. I declare that the victory will be so great that I will not only be delivered from this attack, but that I will plunder the enemy.
- Restore to me and to my family everything that the enemy has tried to destroy. Do it all for Your glory.

Day 18: Praying Psalm 20

Read your Bible passage.

Praise: *May the Lord answer you when you are in distress; may the name of the God of Jacob protect you. May He send you help from the sanctuary and grant you support from Zion.*

(v 1-2)

- God I thank You that You answer me when I am in distress. You care about my life's issues.
- May Your Name protect me. Your Name represents Your character. (Praise God for His many wonderful qualities.)
- May You send me help from the sanctuary (the place of praise) and grant me help from Zion (the place of Your presence). I declare that this season of worship will bring me the help and support I need.

Confession: *May He remember all your sacrifices and accept your burnt offerings. Selah* (v 3)

- Jesus I thank You that Your sacrifice on the cross was enough to provide for my cleansing and restoration.
- I now offer my life to You as a living sacrifice in response to what You have done for me.
- Turn from specific sins (thoughts, words, attitudes, actions).
- Consider what it cost God to provide for your forgiveness. (Selah means pause and think about it)

Requests: *May He give you the desire of your heart and make all your plans succeed.* (v 4)

- Pray for your heart's desires.
- Pray for today's plans. Commit them to God's care.
- Pray for your family's needs and desires.
- Ask God to bless those you know who have needs.

Advanced Thanksgiving: *We will shout for joy when you are victorious and will lift up our banners in the name of our God. May the Lord grant all your requests. Now I know that the Lord saves His anointed; He answers him from His holy heaven with the saving power of His right hand.* (v 5-6)

- I declare that God will bring victory in every area of my life. Jesus has conquered sin, death, the devil, and every disease. I declare that I am more than a conqueror because He has loved me and chosen me.
- I raise the banner of the Lord (like a battalion raises its flag). He is the Jehovah-Nissi, the God who fights for me. He is a Warrior. He is backing me.
- I declare that God's mighty hand is able to do all things. He hears me when I pray. He answers prayer.
- I declare His Will be done in all of my requests. I declare His Kingdom come in every situation and relationship of my life.

DECLARATION OF TRUST: *Some trust in chariots and some in horses, but we trust in the name of the Lord our God. They are brought to their knees and fall, but we rise up and stand firm.* (v 7-8)

- What are you tempted to trust in other than God?
 - * I choose today no longer to depend on _____ . I trust in the name of (character of) my God.
- I choose to trust God with (list your burdens). God I give You my problems, and in exchange I receive Your peace.
- You will cause me to rise up and stand firm. I will not be shaken. I will rest secure in Your care.

PRAISE/PRAYER: *O Lord, save the king! Answer us when we call!* (v 9)

- I praise You God that You have heard and answered me.
- Pray for authorities in your life. (President, boss, teachers, coaches, pastors)

Day 19: Praying Breakthrough Prayers (Part 2)

Read your Bible passage.

Declaration Of Praise:

- I praise You God for You have overcome the devil and the darkness through the cross. You hold the keys to death. Jesus, You sit at the right hand of the Father, not just as the Son of God, but as the Son of Man.
- I thank You that You have invited me to be seated with You (Ephesians 2:1-6) in the heavenly realms. I now have every right to overcome the darkness. I have authority in Your name.
- Thank You that You have saved me from the wages of sin which is death.
- Thank You that You have sealed me with the Holy Spirit. You are the power that fills my life.
- Thank You that You rescued me from the domination of the 'prince of the power of the air' (the devil) and have freed me from living a life of gratifying the desires of my sinful nature. Thank You that I am no longer an object destined for destruction, but that you have set me free to serve You for eternity.
- Help me to know the hope to which I have been called, the riches of my inheritance as a child of God, and the surpassing great power that can be released in my life as I believe in You. (Ephesians 1)

Breakthrough #4: Overcoming Sexual Sin

- Lord, forgive me for any compromise in this area.
- I choose to allow You to purify my thoughts, my relationships, my desires, and my body.
- I confess that You forgive my sin completely and that I am not dirty or stained in any way. I am free by the blood of the cross.
- I break any 'soul ties' with unrighteous relationships of the past and I ask You to take back any ground that I may have yielded to the enemy.

Note: If there is a recurring pattern of failure in this area, you need to confess to a spiritual leader or trusted friend. (James 5:16)

Breakthrough #5: Overcoming Self-Gratification

- Lord, I choose not to medicate my pain with any substance (food, drugs, alcohol, etc), but rather I depend upon the fullness of the Holy Spirit today.
- I am willing to accept the temporary trials of life in order to gain the development of my character.
- I declare that God's grace is sufficient for me in every way and I choose joy.

Breakthrough #6: Overcoming The Curse

- The promise of Genesis 12 is that covenant children of God (descendents of Abraham's faith) will be blessed. So I declare the promise...Those that bless me will be blessed...Those that curse me will be cursed...All the nations on earth will be blessed through my life and my family.
- I declare God's full promise and purpose to be fulfilled in my life, my family, and all those under my care. I am breaking the chain of sin and destruction from generations past and I am launching a new generation of blessing from this moment on.
- I declare that I am God's workmanship, His masterpiece in the making (Ephesians 2:10), created in Christ Jesus for good works which He has prepared for me, which is my destiny.
- I declare that I am a new creature in Christ (2 Corinthians 5:17), the old has gone, it is completely forgiven, and a new day has come. God sees me through the lens of a fresh start.
- I declare that God has the final word in my life. I will not be limited by the words of rejection from others, the lies that I have believed about myself in the past. I am not limited by my past failures or the opinions of others.
- I am more than a conqueror through Christ Jesus. (Romans 8:37)
- I can do all things through Christ who gives me strength. (Philippians 4:13)

Breakthrough #7: Walking In The Spirit

- Holy Spirit I recognize that I need You today. Would You be my constant companion throughout this day, my helper, my counselor. Lead me into all truth.
- Spirit of God be released in me today. I make myself available to be used by you. Speak to me. Reveal to me the needs You want me to meet and the words You want me to speak.
- I surrender my life to Your purpose. Have Your way in me.

Day 20: Praying The Beatitudes

Read your Bible Passage

God approves of me (and blesses) when I am poor and not when I am perfect. God, Your approval is not based on my success but rather on my humble dependence upon You in every way. Without You, I am nothing and I can do nothing. But with You, anything is possible. (Matthew 5:3)

- God, help me in the areas where I feel weak and helpless.
- I declare that Your grace is sufficient and that I will overcome as I place my trust in You.

God approves of me when I share His sorrow. God, breathe Your favor upon me as I mourn over the things that break Your heart. I grieve over my sin, and over the brokenness of people who are hurting and those who are lost. (Matthew 5:4)

- Thank You for Your forgiveness of my sin. (Meditate upon the pain that you caused the Heart of God, and the pain that you caused the Son of God on the cross.)
- God, reveal to me people's needs that are burdening Your heart today.

God approves of me when I yield my rights to Him and let Him fight for me. When I do this, He moves all of Heaven and earth for me. (This is not the yielding of responsibilities.) God, empower me to fulfill my responsibilities by Your grace and I choose to yield my rights to You. (Matthew 5:5)

- I yield my right to be appreciated, understood, valued, and (you fill in the blank with whatever other rights have recently been violated).

- I also yield my right to decide what happens with my money, my possessions, my body, my mind, my future, my relationships, my life and ministry.
- God, as I surrender to You, You have promised to move all of heaven and earth on my behalf. I ask You to move in my specific situations of need.

God approves of me when I hunger and thirst to be like Jesus. God, thank You for Your great favor when I choose to align myself with Your character. I long to be like Jesus more than I long for my own way, my own ease, my own comfort, or pleasure. May I sense Your approval today. (Matthew 5:6)

- May I have more of Your presence in my life today.
- God, use my trials to form Christ-like character in me.

God approves of me when I am pure in heart. (The result is a greater revelation of Him.) God, I purposefully lay aside pride, self-centeredness, and personal gain to please You. I open my heart to see more of You. Grant me a greater revelation of who You are. (Matthew 5:7)

- God, purify my heart. I repent of self-centeredness and pride.
- God, my central desire is to please You in all things.
- Pray David's prayer: *May the words of my mouth and the meditation of my heart be pleasing to You my Rock and my Redeemer.* (Psalm 19:14)

God approves of me when I am merciful. God, I choose mercy, and I desire to remain in the flow of Your mercy in my own life. May I not become bitter, vindictive, or slanderous so that Your mercy will flow in my life. Your Word says, *Mercy triumphs over judgment.* As I choose mercy, may Your mercy and grace be evident in my own life.

- Say: I choose to forgive _____ (name anyone who has offended you) and I release them from this offense.
- God, I ask you to heal my heart and cause me to triumph over this situation.

God approves of me when I am a peace-maker. *Peace-makers who sow in peace reap a harvest of righteousness.*

(James 3:18) God, may I sow peace and not division so that I will be pleasing in Your sight. You are a Father who desires harmony to dwell in Your family. May I protect the family of God by sowing peace. (Mathew 5:9)

- I pray for peace in my family, my workplace, my small group, and in my church.
- Forgive me for any bad attitudes, gossip, or slander.

God approves of me when I rejoice in persecution, false accusation, trials and attack. God, I choose to rejoice in my suffering. May I value Your long-term and eternal rewards more than I value temporary and passing immediate rewards. I pray Your favor will rest upon me as I walk in faith and help me to not seek immediate gratification. I realize the degree of my rejoicing in suffering is a sign of just how attached I am to immediate gratification. (Matthew 5:11-12)

- I thank You God for my eternal reward.
- Thank You that You never waste my pain but use it for Your eternal purposes. (Romans 8:28-29)
- Teach me to number my days wisely and to live today in light of eternity. (Psalm 90:12)

Day 21: Praying Psalm 19

Worship: Begin your season of prayer with a time of worship. Use a CD/iPod or get alone and sing to God.

Declare God Through His Creation.

- Read aloud Psalm 19:1-6.
- Meditate on the wonder of God's creative works in the world. Consider taking a walk outdoors. Notice the little evidences of God's design.
- List the ways that creation reveals God's power and genius.

Declare God Through His Word.

- Read aloud Psalm 19:7-11.
- Thank God for the consistency and dependability of His promises.
- Meditate on some of your favorite Bible promises. Think on the meaning of every word. Thank God for that promise specifically in your life.

Declare God Through His Holiness.

- Read aloud Psalm 19:12-13.
- Thank God that He is not evil in any way and will never sin or do harm. Praise Him that He never changes and does not fail.
- Meditate on what it means that God is Holy, Holy, Holy.

Prayer:

- Read aloud Psalm 19:14.
- Consider the words you have been speaking: Do they align with God? Are they of faith? Is there blessing or cursing? Are you negative or critical? Do you sound like God or like the devil?
- Consider the meditations of your heart: Are you thinking right? Is there lust? Is there grumbling? Do you imagine the worst or the best? Ask for God's help.

Day 22: Praying Exodus 20

The 10 Commandments

Read your Bible passage.

Focus #1: God, I place You on the throne of my life as the only person/thing I will worship. I recognize that my choice to worship You exclusively is the only path to true intimacy with You. I want to know You in an intimate and powerful way. I say 'yes' to Your proposal. I will have no other gods before You.

- Spend some moments in worship (use CD, read a Psalm, declare His praise).

Focus #2: God, I choose today to worship You in spirit and in truth (John 4:24). I know that Jesus is the radiance of Your glory and the exact representation of Your nature (Hebrews 1:1-3). So I declare my allegiance to the person of Jesus as my way to God, THE truth, and THE only way to life. Ask God to make you more like Jesus.

Focus #3: God, I don't want to do anything that would grieve Your Spirit. Convict me of any words, actions, attitudes, thoughts, or motives that are pushing You out of my life. (See Ephesians 4:25-5:10)

- Confess any sin and ask God for His forgiveness through Christ.

Focus #4: God, I choose to give You my time and my life today. As I take this time for prayer, I ask You to help me to rest in You, to replenish my soul, and to help my life to be re-focused on Your purpose.

- Evaluate: Are you taking a weekly Sabbath? Are you being consistent in your daily time with God? Are you tithing and giving God leadership over your finances? Is Jesus truly the leader of every area of your life?

Focus #5: God, I recognize Your desire to provide me with a long and prosperous life. I choose to have an attitude of honor toward the sources of authority You have placed in my life. I choose to honor:

- Your Word and ask You to open my eyes to the truth of the scripture
- My parents - pray for God's blessing on them today
- My spouse (if applicable)
- My boss
- Government leaders

Focus #6: God, I ask You to make me a person of integrity and wholeness. Ask God to reveal to you any area of compromise:

- Have you taken anything that is not yours? Choose to confess it and make restitution.
- Are you harboring anger or bitterness? Choose to forgive and ask God to heal your heart.
- Are you participating in sexual sin? Turn from it and ask God for forgiveness. Confess to a spiritual authority or trusted friend. (James 5:16)
- Have you been dishonest in anyway? Go back and set the record straight with anyone you may have misled.

Focus #7: God, I recognize that my satisfaction and success in life are based on Your favor and not on what I can accomplish or acquire. Forgive me for coveting what You have not yet righteously provided for me.

- I believe that I can be content right now. You are the "I AM" and are present with more than enough joy and provision for the moment I am in. I choose joy. I choose to be thankful for what You have provided (list those things). I choose to rest in Your goodness for me right now. I don't have to wait to be content. I enjoy YOU right now.

Day 23: Declaring God's Covenant Blessings

Read your Bible passage.

Praise: Begin by singing a song of worship; then declare...

- God, I praise You for Your good intentions toward me. You have said that You have plans for me (Jeremiah 29:11) to prosper me and not to harm me, to give me a future and a great hope.
- God, I praise You for Your faithfulness to Your promises, for You said that no matter how many promises You have made (2 Corinthians 1:20), they are 'yes' in Christ. You have ratified every covenant promise by Christ's death on the cross. I say 'amen'...so be it in my life.
- God, I praise You for Your redemptive capacity, for You are able to work all things together for my good (Romans 8:28). You never waste my pain or trials, but You use them for my benefit.

Repentance: Read Deuteronomy 28:1-2

- God, I thank You that I cannot earn Your blessings, but they are given as a gift through faith. I thank You that You have chosen to bless me.
- But God, I also realize that I can undermine Your ability to bless me by walking in willful sin and disobedience. Reveal to me any hindrances to Your blessings.
- I turn from (name specific sin) and choose to stop sinning. To the best of my ability, I pledge my obedience to You.

Declarations: Deuteronomy 28:3-14

- (v 3) I declare Your blessing on my location. Pour out Your favor and reveal Yourself to my home, my neighborhood, my workplace, and my city.
- (v 4) I declare Your blessing on my ability to produce. Bless the work of my hands. Bless my children and prosper their efforts. Multiply the harvest of my life. Give me a multiplied return for all of my investments.

- (v 5) I declare Your blessing upon the intake of my life and of my family's life. May You protect us from any harm, and any disease. May You keep us from any harmful intake from any media, any relationship, or any other source. May the diet of my life and the life of my home be free from destructive influences.
- (v 6) I declare Your blessing on my direction. May You go before me and prepare the way for my arrival with Your favor today (in appointments, meetings, etc). May You come behind me and favor the things left undone.
- (v 7) I declare Your victory over any spiritual attack against me, my home, and all those under my care. Though the enemy comes at me in one direction, may he be so defeated that he will flee in seven directions.
- (v 8) I declare that You send a blessing on my finances and possessions, and everything that comes from the work of my hands. May You bless me and increase me in the destiny You have for me. Bless me to the degree that I also may overflow with resources for people in need and the advancement of Your kingdom.
- (v 9-10) I declare Your blessing on my spiritual life today. May You establish me as 'holy' and special to You. May You give me a spiritual fullness so that I can walk in obedience to You and therefore in Your favor and in Your abiding presence.
- (v 11-14) I declare Your abundant prosperity as Your will for my life. Breath Your favor on my life.
 - * Send Your rain to refresh my life.
 - * Cause me to be the lender and not the borrower.
 - * Make me the head and not the tail, the top and not the bottom.

Reaffirmation: (v 14) I choose to keep Your commandments and live by Your ways. I will not turn to the right nor to the left. I will not worship anything other than God. God, You are the satisfaction of my life.

Day 24: Praying The Miracles Of Christ (7 Signs in John)

Read your Bible passage.

Miracle 1: Water Into Wine (Overcoming Disappointment)

- I declare You today as the Creator of the universe and as master over the elements of nature. You can speak and things are created and transformed. (The Creator)
- I declare You as the source of 'the best wine' and of true fulfillment and lasting satisfaction in my life. (The Satisfier)
- I declare that Your blood is the only true cleansing for my sin. I rejoice in the finished work of the cross. (My Redeemer)

Miracle 2: Speaking Healing (Overcoming Doubt)

- Jesus, in John 4:50, You just spoke the Word and healing came to a dying child. I ask You to speak healing to the following people today (list them).
- Lord, I choose to have confidence in Your Word, for faith comes by hearing and hearing by the Word of God. I choose to put my trust in what You have said and not what I feel or see.

Miracle 3: Acting In Faith (Overcoming Disability)

- Lord, You told the man beside the pool of Bethesda, to do what he could not naturally do (pick up your mat and walk). As He obeyed in faith, the miracle occurred. Lord, what is it that You want me to do today? Speak to me and I will obey in faith.
- What are the impossible situations in your life today? Pray that God would provide breakthrough miracles for You and for Your loved ones (list specific needs).
- Lord, may You be glorified in these situations. May people come to see the Risen Jesus through the miracles that You perform in my life and family.



Miracle 4: Feeding 5000 (Overcoming Desire)

- Lord, just as You multiplied the 5 loaves and 2 fish to feed thousands, so I offer my life and my resources to You. Multiply what I place in Your hands not only to meet my needs, but to give me enough to share.
- Pray for God to meet the needs of Your local church, and other ministries and missionaries.
- Pray for the poor of your city (and of the world) that God would provide relief and provision for them.
- Lord, with You there will always be more than enough. I choose to be content under Your care today. I thank You for the many ways You have provided for me already.

Miracle 5: Walking On Water (Overcoming Despair)

- Lord, just as You came to the disciples in the middle of storm, I believe You are present with me in my trial today. Help me see You in my storm.
- As long as Peter kept his eyes on You, he was able to walk on water. When he put his focus on the wind and the waves, he began to sink. I choose to fix my eyes on You and rest in Your ability to see me through.

Miracle 6: Healing Of Blind (Overcoming Darkness)

- Lord, just open the eyes of those who live in spiritual darkness and cause them to see the light of the gospel of Jesus Christ. Pray for friends and loved one who need Jesus Christ.
- Pray that God would lift the darkness over your neighborhood, workplace, city, and nation.

Miracle 7: Raising of Lazarus (Overcoming Death)

- Jesus, I declare You as the victor over death. You are the resurrection and the life. As I believe in You, even when I die, I know I will continue to live. Thank You for the promise of eternal life.
- I praise You because nothing is too hard for You. You can take the things that have died and resurrect them in my world.

Day 25: Praying Psalm 16

Read your Bible passage.

Declaration Of Trust: *Keep me safe, O God, for in You I take refuge. I said to the Lord, "You are my Lord; apart from You I have no good thing.* (v 1-2)

- I declare that You are my fortress, my place of safety. My heart is secure in Your care.
- You are THE Lord (the I AM). You are dependent on nothing. You are completely sufficient.
- You are MY Lord. I thank You that You are committed to my well being. You own me as a father owns his child. I own You back!
- You are the sole source of all good things in my life. I will look to You and You only as the fount of my satisfaction.

Prayer Of Commitment: *As for the saints who are in the land, they are the glorious ones in whom is all my delight.* (v 3)

- I recognize that I belong to You and to Your family, O God. You are my Abba Father.
- I commit myself to the members of my small group and local church. Bless Your family, O God.

Pray for the needs of people in your church family, your pastors, and any missionaries.

Prayer Of Repentance: *The sorrows of those will increase who run after other gods. I will not pour out their libations of blood or take up their names on my lips.* (v 4)

- Forgive me God for running to anything other than You to find rest in my times of stress.
- Forgive me for trying to medicate my pain through _____. I now turn my hurts over to You and ask You to heal my heart.
- And I choose to forgive _____ and I release them from their offenses toward me, in Jesus name.
- I place you, Jesus, on the throne of my life.

Prayer For Increase: *Lord, You have assigned me my portion and my cup; You have made my lot secure. The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance.* (v 5-6)

- God, I thank You for the many ways You have blessed me. List things you are thankful for.
- Now, I ask You to enlarge my territory and expand my influence.
- Place Your hedge of protection around my family and all that is under my care.
- Pray also for God to bless specific people in your life who you want to see grow in Christ.
- Pray that God will give you an inheritance of souls. Pray specifically for people who need Christ.

Time To Hear: *I will praise the Lord, who counsels me; even at night my heart instructs me.* (v 7)

- Spend a few minutes in worship or in Bible meditation. (Pick a verse to think deeply about.)
- Listen to the promptings of the Holy Spirit. Consider writing those thoughts in a journal.

Prayer Declarations: Pray these verses for yourself or pray them for a loved one or family member (insert their name as you pray).

- *I have set the Lord always before me. Because He is at my right hand, I will not be shaken.*
- *Therefore my heart is glad and my tongue rejoices; my body also will rest secure,*
- *Because You will not abandon me to the grave, nor will You let your Holy One see decay.*
- *You have made known to me the path of life; You will fill me with joy in your presence, with eternal pleasures at Your right hand.*

Praise Time: Thank God for His eternal nature. He is the first and the last, the alpha and omega, the beginning and end...Holy, Holy, Holy, who was, and is, and is to come!

Day 26: Praying The Names Of God (Part 2)

Read your Bible passage.

You are El Shaddai (the God who is sufficient for all things; who has made covenant with me).

- Lord, You are Almighty. There is nothing that is too difficult for You.
- Lord, You are Sufficient. All that I need is found in You. You are overflowing with goodness and grace.
- Lord, You are a Covenant-keeper. What You have promised, You will fulfill. I choose to trust You.

You are El Kanna (the God who is jealous for me) and **Esh Oklah** (the God who is a consuming fire).

- God, I thank You that You are passionate about Your relationship with me. Thank You that You love me so much that You are jealous of anything that would take me away from You and of anything that might be destructive to my life.
- I choose You above all things. Forgive me for anything that I have 'worshipped' by believing it would be a source of satisfaction for me.
- Forgive me for running to things other than You when I am discouraged.
- Burn away the things in my life that are sinful or destructive. Help me not to grieve Your Spirit.

You are Jehovah-Tsebaoth (The Lord of Hosts).

- I recognize that You rule over everything and that the angels and demons submit to Your name.
- Break the power of the enemy over my life, my family, my small group, church, and community.
- Release Your angels to form a hedge of protection around my life, my family and all that is under my care.
- I join You in my prayer, agreeing for the Hosts of Heaven to defeat the powers of darkness today.



You are Abba (Daddy God).

- I recognize You as my loving Heavenly Father. Thank You for choosing me. Thank You for adopting me into Your family. Thank You for the wonderful and eternal inheritance that I have in Christ.
- Thank God for specific ways that the Father has provided for you in the past.
- Ask the Father for what you need. Be specific.

You are Baal-Perizim (The God of great breakthrough).

- Lord, just as You went ahead of David and brought breakthrough victory on his behalf, may You go ahead of me today. Just as the waters break out from a bursting dam, may You break out before me.
- Pray for breakthrough miracles. Be specific (financially, in areas of healing, in salvations).

You are El-Elyon (The Highest God).

- Read in praise Isaiah 40.
- God, I recognize You as the ruler over all and the ruler over my life. I humble myself in Your sight. As the Bible promises, in due time You will lift me up. I trust You with my future.
- Lord, You rule over the world. I pray Your Kingdom to come and will to be done in the governments of this world:
 - * Pray for governmental leaders.
 - * Pray for church leaders.
 - * Pray for employers and business leaders.

You are El-Roi (the God who sees me).

- Read in praise Psalm 121.
- Lord, I invite You into my day. Help me to be conscious of Your presence all day long. Make me aware of Your voice in my life. Speak to me.
- I choose to enjoy You and to worship You today.



Day 27: Praying Psalm 57

Read your Bible passage.

Worship: *Have mercy on me, O God, have mercy on me, for in You my soul takes refuge. I will take refuge in the shadow of Your wings until the disaster has passed.* (v 1)

- I praise You because You are a God of great mercy. You forgive my faults. You look past my failures.
- You are a refuge for my soul. Even when there are disastrous situations, You keep me safe in Your care.
- I choose to trust You to see me through the challenges of my world today.

Prayers Of Agreement: *I cry out to God Most High, to God, who fulfills (His purpose) for me.* (v 2)

- Fulfill Your purpose for my life O God. May Your Kingdom come in me and Your will be done in my life as it is in the heavens.
- May You bring to pass every good promise You have declared toward me and my family.
- Fulfill Your purpose for my loved ones (call them each by name). May You prosper (name) and cause them to be in health even as their soul prospers.

Prayers Of Protection: *He sends from heaven and saves me, rebuking those who hotly pursue me; (Selah...pause and think about it) God sends His love and His faithfulness. I am in the midst of lions; I lie among ravenous beasts-- men whose teeth are spears and arrows, whose tongues are sharp swords.* (v 3-4)

- God, may You send Your angels from heaven to protect me and all those under my care from any attack from the evil one.
- May Your faithfulness be like a shield around me and my family.
- You said in Isaiah 54:17 that no weapon formed against me will prevail, but that I will refute every tongue that accuses me and enjoy the full inheritance as a child of God.

Prayers For Exaltation/Victory: *They spread a net for my feet—I was bowed down in distress. They dug a pit in my path—but they have fallen into it themselves. Be exalted, O God, above the heavens; let Your glory be over all the earth.* (v 5-6)

- When I don't know what to pray for, I simply ask for my God to be exalted. So be exalted O God in my trials and difficulties.
- I tie my life to You O God. As You are exalted, I believe that I will rise and triumph with You.
- Be exalted above the heavens and may Your glory be over and completely throughout my world. May Your glory fill my house, my neighborhood, my workplace (or school).
- Draw my friends (list by name) to the saving knowledge of Jesus Christ.

Meditation Of God's Goodness: ('Selah' is a word found in the Psalms that instructs the reader to pause and truly consider what God has done.) Take time to think about God's goodness in your life and thank Him for it.

Prayers For Cleansing and Stability: *My heart is steadfast, O God, my heart is steadfast; I will sing and make music.* (v 7)

- I choose to trust God and not to fear. I will not let fear rule my imaginations. I choose to believe God.
- I choose to run to God for relief and comfort and not to anything sinful. God forgive me for times when I have run from You to find relief.
- I choose to worship and not to complain. When tempted to despair, I will worship today. When I am tempted to worry, I will pray. I will be steadfast.

Worship: *Awake, my soul! Awake, harp and lyre! I will awaken the dawn. I will praise You, O Lord, among the nations; I will sing of You among the peoples. For great is Your love, reaching to the heavens; Your faithfulness reaches to the skies. Be exalted, O God, above the heavens; let Your glory be over all the earth.* (v 8-11)

Day 28: Praying The Unshakable Qualities

Read your Bible passage.

Praise and Thanksgiving: Read 2 Peter 1:2-9

- God, I thank You for the abundance of grace and peace that I have in Jesus Christ. I choose to walk in that sufficient grace and fully receive Your prevailing peace.
- Thank You that through the power of the Holy Spirit, You have already given me all that I need for life.
- Thank You also for the precious promises of God that are like a solid rock foundation for me to live in victory over sin and evil, allowing me to experience the full and abundant life that You desire for me.

Focus #1: Pray For Faith

- I declare today my conviction that Jesus is the Son of God, who died for my sins on the cross, was buried and raised on the third day.
- I declare not only that Jesus is alive, but that He has conquered sin, death, disease, and every enemy that stands against me.
- I choose to fill my life with God's Word, knowing that my faith grows by hearing, and hearing by the Word of God. (Romans 10:17)

Focus #2: Pray For Virtue

- Confess any area of sin that the Holy Spirit reveals to you. Ask God to give you not only forgiveness but a strength of character to live above sin.



Focus #3: Pray for Intimacy With Christ (Knowledge)

- Lord, I want to know You more than anything else. Grant me a greater awareness of your presence.
- Take a moment to listen to the prompting of the Holy Spirit. What is He saying to you today?

Focus #4: Pray For Unshakeable Qualities

- Lord, now build me into an unshakeable follower of Christ. Birth in me self-control, patience, Godliness, kindness, and love.
- Ask God to reveal to you ways in which you can demonstrate these qualities in your life today.
- Choose to forgive anyone who has offended you and release them from their offense.
- Jesus, as I am connected to You (The Vine, John 15), cause my life to bear much fruit. Lord, glorify Your name in my life.

Focus #5: Pray For Specific Needs

- Pray for personal needs.
- Pray for specific family needs.
- Pray for people who need Jesus Christ as Savior.
- Pray for financial breakthrough and blessing.
- Pray for your small group and specific needs that people in the group have today.
- Pray for your church and your pastors.
- Pray for missions needs.

Praise: Praise God that He is the Great I AM, your solid rock, never changing, the same yesterday, today and forever.

Day 29: Praying Psalm 91

Read your Bible passage.

Praise: *He who dwells in the secret place of the Most High shall rest under the shadow of the Almighty.* (v 1)

- I praise You for who You are...the Almighty, the Most High (above all).
- *I will say of the Lord, He is my refuge and my strength, my God in whom I choose to trust.* (v 2)
- *Surely He will save (me) from the fowler's snare and from the deadly pestilence.* (v 3)
- *He will cover (me) with His feathers, and under His wings (I) will find refuge (like a baby bird cared for in a storm by his mom); His faithfulness will be my shield and rampart.* (v 4)

Declarations Of Trust:

- *(I) will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.* (v 5-6)
- *A thousand may fall at (my) side, ten thousand at (my) right hand, but it will not come near (me, my family, or those under my care).* (v 7)
- *(I) will only observe with (my) eyes and see the punishment of the wicked.* (v 8)
- *As (I) make the Most High (my) dwelling—even the Lord, who is my refuge, then no harm will befall (me), no disaster will come near (my household).* (v 9-10)

Request:

- God, would You command Your angels concerning my family (spouse, kids, parents). Would You send angels to protect and preserve them in all their ways.
- I ask You to lift my life and my family up in Your Hands. Bless our coming and going. Bless the work of our hands. Keep us from harm...*lest we strike our foot against a stone.* (v 12)
- Cause us to walk in victory over every evil attack. *May we tread upon the lion and cobra and trample on the great lion and the serpent.* (v 13)

Confession: Consider where you are working against God in your life and confess those sins.

- Forgive me for _____ (words, attitudes, actions).
- I choose to forgive _____ and I release them from _____. Please heal my wounded heart.
- I will do what You are asking me to do. (Consider anything God has told you to do that you have not yet stepped out to do.)

Specific Prayer Needs:

- Pray for those who are sick.
- Pray for those who are struggling.
- Pray for pastors and missionaries.
- Pray for soldiers serving in harms way.
- Pray for at least 3 friends who do not know Christ to find Jesus as their Savior.
- Pray for our president and other governmental and business leaders in your life.

Thanksgiving: (v 14-16)

- Thank You God that You love me.
- Thank You that You have promised to protect me and rescue me because I acknowledge Your name.
- Thank You that when I call upon You, You do answer me. (Recount specific provisions and answers to prayer.) Thank You that You deliver me/honor me.
- Thank You that You are with me in trouble.
- Thank You for Your promise to satisfy me with long life. May it be. Give me health and life.
- Thank You that You have given me salvation. Thank You for the cross of Jesus that made a way for me.

Declaration Of Trust: So I enter this day choosing to rest in You. You are my refuge. You are my place of safety. I trust in Your power and in Your care for my life.

I chose to ABIDE under the shadow of the Almighty!

Day 30: Praying The Promises Of God

Read your Bible passage.

Praise and Thanksgiving: Read Psalm 103

- Thank You for forgiving all my sin.
- Thank You for healing me and providing me with health.
- Thank You for redeeming my life from the things that held me captive (list them specifically).
- Thank You for crowning my life with Your unfailing, unconditional love.
- Thank You for the many good things (list them specifically) that You have satisfied my life with.

Confession:

- I declare the words which Jesus said on the cross: *IT IS FINISHED*. I receive the finished work of Christ in my life. Nothing more can be added to what He has done. He completed the work. Now I am forgiven and accepted by God.
- I declare that I overcome the devil and every attack against my life (Revelation 12:11) by the blood of the Lamb (the finished work of Christ on the cross) and by the word of my own testimony. I declare that today is a day of great victory in my life.
- I declare (Isaiah 54:17) that no weapon formed against me will prosper, and that I will refute every attack against me and walk in my heritage as a servant of the Lord.
- I declare that God has plans for me (Jeremiah 29:11) to prosper me and not to harm me, to give me a future and a hope. I declare that God will reveal Himself to me as I seek Him with all my heart.



Pray For Your Family:

- Pray Psalm 112 for your children/grandchildren.
- Pray Zechariah 2:5 - that God would be a *Wall of Fire* around them and the Glory would rest upon and within them.
- Pray 1 Chronicles 4:10 (The Jabez Prayer) for yourself and your loved ones.

Pray For Those That Need Christ:

- According to John 16, I pray that You would convict them (name them specifically) of sin, and the righteousness available through Christ, and the judgment to come.
- According to 2 Corinthians 4:4, I pray that You would open their blinded eyes and reveal the person of Jesus Christ to them.

Pray For Those In Authority: (President, spiritual leaders, employers, government officials)

- That they may prosper and be in health and that even their soul would prosper.
- That they would govern with wisdom and grace so that we might live peaceful and quiet lives in all godliness and holiness (1 Timothy 2:2).

For The USA:

- 2 Chronicles 7:14 - Lord, You said, *If My people who are called by My name, will humble themselves and pray, and seek My face and turn from their wicked ways, then will I hear from heaven, forgive their sin, and heal their land.* God may You do this for our nation.
- That God would lead the people of this nation to repent and turn to God - that their sins might be wiped out and times of refreshing might come from the Lord. (Acts 3:19)

Praise: Conclude your prayer time by expressing in your own words what you love and value about God.

Day 31: Praying Psalm 116

Read your Bible passage.

Praise: I love the Lord because...

- *He heard my voice. He heard my cry for mercy.* Thank You God that You are ever-available to me. You are committed to my well-being. (v 1)
- *He turned His ear to me. Therefore, I will call on Him as long as I live.* Thank You God for giving me life. You are the sustainer of all that I have. (v 2)

Thanksgiving: Thank God for all He has done in your life.

- **Salvation:** *The cores of death entangled me, the anguish of the grave came upon me...when I was in great need, He saved me!* (v 3)
- **Comfort/Provision:** *I was overcome by trouble and sorrow. Then I called on the name of the Lord, "O Lord save me".* (Recount your many answers to prayer.) (v 3-4)
- **His Trustworthy Character:** *The Lord is gracious and righteous. Our God is full of compassion.* (v 5)
- **His Constant Protection:** *The Lord protects the simple hearted* (so I choose to simply put my trust in Him...Lord, protect me and all my family today). (v 6)

Meditation: *Be at rest once more, O my soul, for the Lord has been good to you.* Think on and list all of the many small or large daily signs of His goodness in your life. (v 7)

Prayer For Victory/Deliverance: *For you, O Lord, have delivered my soul from death, my eyes from tears, my feet from stumbling, that I may walk before the Lord in the land of the living.* (v 8-9)

- Pray for God's victory in areas of temptation. Set your heart today to obey God and to delight in His presence.
- Confess any sin. Ask for cleansing of heart and mind.
- Pray God's hedge of protection against the attack of the enemy in your life and in the lives of those under your care.

Prayer For Healing: *I believed, therefore I said, “I am greatly afflicted.” And in my dismay, I said, “all men are liars”.* (But God is ever true to His Word.) (v10-11)

- Pray for specific people who need healing.
- Pray for specific people who need salvation. God is not willing that any should perish.
- Pray for those who are walking through trial.

Advanced Decision Making: *How can I repay the Lord for all His goodness to me? I will lift up the cup of salvation and call on the name of the Lord. I will fulfill my vows to the Lord, in the presence of all His people.* (v 12-14)

- What do I need to adjust in the way I am spending my time, my talent or my finances?
- Am I keeping a Sabbath and spending enough time with God?
- Am I tithing and giving to those in need?
- *Precious in the sight of the Lord is the death of His saints.* (Am I living my life in light of eternity today?) (v 15)
- *O Lord, truly I am Your servant; I am Your servant, the son of Your maidservant; You have freed me from my chains.* (Is Jesus truly my master?) (v 16)
- Wait on God for His specific instructions to you. Choose to obey His voice.

Thanksgiving/Praise:

- *I will sacrifice a thank offering to You and call on the name of the Lord.* (I choose to live this day in sacrificial worship...I will go above and beyond the call today.) (v 17)
- *I will fulfill my vows to the Lord in the presence of all His people, in the courts of the house of the Lord, in your midst O Jerusalem* (the place where I dwell). (v 19)
- I set my course to avoid things that grieve God’s heart and live today to please the Father.
- *Praise the Lord.* (I make that choice to praise Him all throughout this day.) (v 19)

Powerful Declaration Prayers

FAMILY PRAYER:

God I am declaring Your power and promise over future generations.

Bring life where there is struggle, freedom where there is bondage, wisdom and revelation where there is confusion, and strength of character where there is weakness.

You are a God who is able to forgive, redeem, and restore.

May You do what only You can do in my family.

Rebuke every attack against us.

Fulfill every promise You have made concerning us.

In Jesus' Name, Amen!

LIFE TRANSFORMATION PRAYER:

Lord of Glory, I want to be transformed by Your Presence in my life. Wash over my mind with the promises of Your Word. Renew me by Your Holy Spirit. My desire is for our friendship to grow stronger and stronger each day.

Jesus, be my Best Friend. I want Your Love to be the fire that burns within me. Possess my soul and consume me more and more. Breathe within my heart the life that only You can give. I long to know You in a greater way – reveal Yourself to me. In Jesus' Name Amen.